

For each activity, write the number that is closest to describing your condition.

2 3 5 4 Slight Moderate Unable No Extreme difficulty difficulty difficulty difficulty to do

Difficulty # Activity	Difficulty # Activity
Standing	Coming up to your toes
Walking on even ground	Walking initially
Walking on even ground without shoes	Walking five minutes or less
Walking up hills	Walking approximately 10 minutes
Walking down hills	Walking 15 minutes or more
Going up stairs	Home responsibilities
Going down stairs	Activities of daily living
Walking on uneven ground	Personal care
Stepping up and down curves	Light to moderate work (standing, walking)
Squatting	Heavy work (pushing, pulling, climbing, carrying)
Sleeping	Recreational activities





For each description, write the number that is closest to describing your condition.











No pain

Moderate Mild

Severe

Unbearable

Pain level #	Description
	General pain level
	Pain at rest
	Pain during your normal activity
	Pain first thing in the morning



Calculate score to be entered into CohereNext

Add totals on bottom of each page to get overall total to use in calculation below

Page one total

Page two total

Overall total

Use overal total in formula below to calculate FADI score to be entered into CohereNext

Overall total

Number of completed responses

*For CohereNext